

of this subcommittee. While I do not oppose privatization, I believe that each proposal calling for it must be subjected to an exhaustive and deliberative review.

TRIBUTE TO ROLAND DAVID DEL
CID

HON. JULIAN C. DIXON

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Monday, July 31, 1995

Mr. DIXON. Mr. Speaker, I rise to pay special tribute to a young man in my district, Roland David Del Cid, who will be honored by the Boy Scouts of America on August 21, 1995. On that day, Troop 113 will bestow upon Roland the highest honor of Eagle Scout at his honor court ceremony.

An honor graduate of Culver City High School, Roland has demonstrated dedication to athletics and academics. He was a varsity starting player on the Culver City High School football and baseball teams. Additionally, Roland maintained a 4.2 GPA and is ranked in the top 10 of his graduating class of 270. Roland has been recognized as a scholar-athlete by the National Football Foundation and College Football Hall of Fame, and he has received several other honors for his scholastic and athletic accomplishments. This fall, he will enter the Wharton School of Business at the University of Pennsylvania where he plans to major in economics.

During his career in the Boy Scouts, Roland has continued to dedicate himself to the improvement of his community and his troop. He has held several positions in the troop, including scribe, patrol leader, assistant patrol leader, senior patrol leader, and troop guide. Roland is also known to be active in recruiting and training younger scouts. Together with the rest of Troop 113, Roland has volunteered at homeless shelters, worked on food drives, and planted trees.

Roland's commitment to volunteerism is best exemplified by his Eagle project, in which he organized a highly successful blood drive. Culminating 3 months of organization and planning, the blood drive collected over 60 pints of blood which was donated to the American Red Cross. I commend his dedication to this project and community service.

Mr. Speaker, Roland is an exemplary young man who has shown great commitment to his family, community, and education. I urge my colleagues to join me, Troop 113, and Roland's friends and family in congratulating him on earning the rank of Eagle Scout, and in extending our best wishes for continued success in the future.

FOOZLE OF THE WEEK AWARD

HON. PATRICIA SCHROEDER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Monday, July 31, 1995

Mrs. SCHROEDER. Mr. Speaker, I confer the "Foozle of the Week" award on my colleague, Mr. HEFLEY. Mr. HEFLEY has earned this award by giving his "Porker of the Week" award to the National Institutes of Health [NIH] for its \$5.5 million grant to the University of

Colorado. He claimed that the grant will merely fund research on "why people get fat." Hardly the case.

The NIH grant will establish the Colorado Clinical Nutrition Research Unit [CNRU], the only regional research unit of its kind between Chicago and Los Angeles. CNRU will study three areas: obesity and diabetes, pediatric nutrition, and trace mineral metabolism. The grant will also support a project on nutrition and premature infants that will help determine the best diet for the first days of life, as well as a study on proper nutrition and fitness for adolescents. Not only are nutrition and proper eating habits key to a healthy life, but their emphasis is still lacking in medical training.

Contrary to what my colleague has stated, obesity is not a problem that can be solved by simply eating properly and exercising regularly. Medical experts will tell you that there is no known, definitive cause of obesity.

Mr. HEFLEY also claimed that the NIH money will not be used for research on cancer, AIDS, or juvenile diabetes. The truth is that obesity is associated with diabetes and certain types of cancer, as well as with heart disease, atherosclerosis, hypertension, strokes, and many other illnesses that cost this Nation millions of dollars in health care every year.

The CNRU project brings Colorado into the forefront of national research in nutrition. My colleague says that a Colorado university does not need to study obesity, since obesity is not a major Colorado problem. That is like saying that we should only study skin cancer in California, or that we should restrict study of gerontology to Florida. The Colorado delegation should be proud that the University of Colorado has consolidated nutritional research in the Rocky Mountain region and is on its way to becoming a national leader in health research. I know that I am.

PORKER OF THE WEEK AWARD

Mr. HEFLEY. Madam Speaker, I would like to tell you about the National Institutes of Health and its multimillion-dollar grant to the University of Colorado. This multimillion-dollar grant is not for cancer research, as one might expect, or for AIDS research, or aid to children in developing countries, or for juvenile diabetes, or any of the things you might think this kind of money would go for. But what it is for is to study why people get fat.

Now, it does not take this kind of money, it does not take any money, to figure out what will result from too many trips to the refrigerator. In fact, you could spend a fortune just buying the magazines and books that contain the already countless studies on this subject. Thousands of them have been done.

Sure, it does appear that there is a certain medical explanation for some obesity, but most of the studies seem to indicate that the way you eat and the way you exercise explains most of the problem.

It is ironic that this study is being done in Colorado, which has the lowest percentage of overweight people in the Nation.

So the National Institutes of Health gets my porker of the week award this week.

CU NUTRITION CENTER BECOMES REGIONAL
RESEARCH SITE

The University of Colorado Center for Human Nutrition has received a five-year, \$5.5 million grant from the National Institutes of Health to form a regional nutrition research unit, the only one of its kind between Chicago and Los Angeles.

The Colorado Clinical Nutrition Research Unit (CNRU), one of 10 in the country, will focus on research in three areas: obesity and diabetes, pediatric nutrition and trace mineral metabolism. The grant will fund pilot research projects and several "core labs" to support research already funded from other sources.

"This award launches Colorado into the forefront of national research in nutrition," said Michael K. Hambidge, MD, professor of pediatrics and director of the CU Center for Human Nutrition. The Center, established in 1988, is part of the University of Colorado Health Sciences Center.

One project that will benefit from the grant is a three-year weight control program that focuses on nutrition and fitness for students at Lincoln High School.

"One third of American adults are inactive and overweight, and rates in adolescents are at least that high," said James Hill, PhD, associate professor of pediatrics and program director. "Inactive, overweight teens often become inactive, overweight adults, and they can develop a number of serious health problems, including cardiovascular disease and diabetes."

Students in the program take classes three times a week in nutrition and "lifetime" activities such as rollerblading, bicycling, walking and aerobics. They will also undergo a number of measurements several times during the year, including underwater weighing to determine body composition and a stationary bike riding to measure aerobic capacity.

"We hope to prove that an intervention program like this can have a positive health impact on adolescents," Dr. Hill said. "Hopefully, it can also be adapted to other schools."

The CNRU grant will also support a pilot project on nutrition and premature infants, directed by Patti Thureen, MD, assistant professor of pediatrics. Dr. Thureen is studying protein utilization in extremely low birth-weight infants to determine the best diet for their first days of life.

"There is already some evidence that what you feed larger premature babies in their first month of life may affect their long term developing," she said. "We think the same may be true for tinier babies." Her patients weigh less than 1,000 grams, or approximately two pounds, and are 10 to 15 weeks premature.

Premature infants are traditionally fed a mixture of water and glucose intravenously for the first two to three days after birth. Dr. Thureen and her colleagues think that the infants may grow better if they are fed a diet closer to that which they receive from the placenta in utero—a mixture of water, protein, fat, vitamins and minerals.

The CNRU will consolidate nutrition research in the Rocky Mountain region, helping others extend their research beyond what they can do for themselves, said Dr. Hambidge. The Center already coordinates research with Colorado State University through the CU-CSU Nutrition Consortium, and Dr. Hambidge hopes to form similar partnerships with other universities in the region.

COMMENDATION FOR COL. JAY
MCNULTY

HON. G.V. (SONNY) MONTGOMERY

OF MISSISSIPPI

IN THE HOUSE OF REPRESENTATIVES

Monday, July 31, 1995

Mr. MONTGOMERY. Mr. Speaker, August 31 will mark the end of a very distinguished